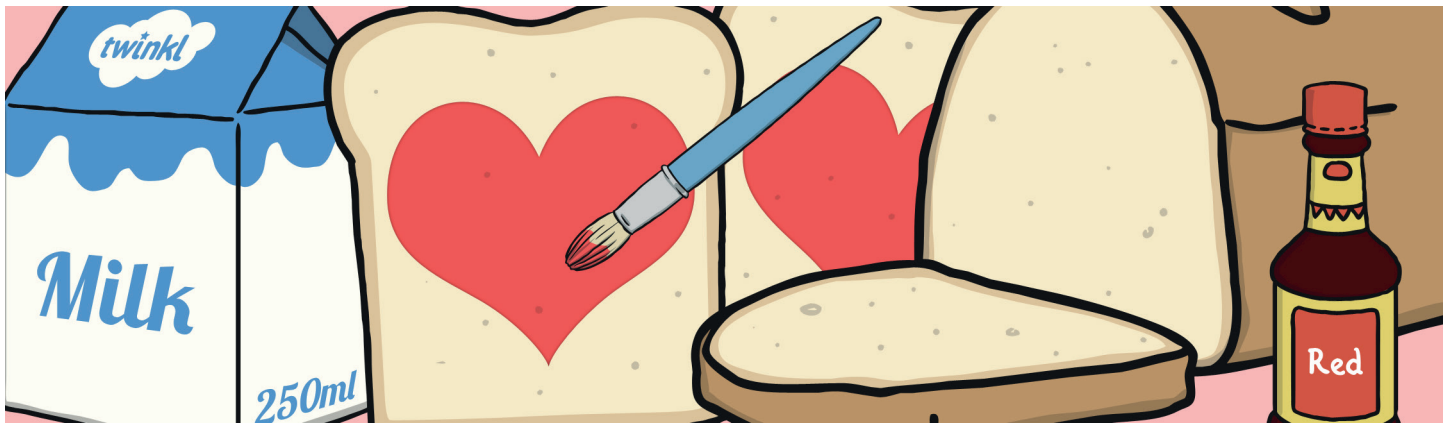




Love Heart Toast

Ingredients

- Slice of bread
- Heart-shaped cutter
- 2-3 tbsp milk
- A few drops of red food colouring

Equipment

- Paintbrush
- Grill

Method

1. Using your heart-shaped cutter, make a heart shape in the centre of the bread by pushing lightly onto the bread but not all the way through.
2. Add a few drops of red food colouring to your milk and mix together.
3. Carefully paint the heart in your toast with the red milk.
4. Put the bread under the grill and toast it until slightly browned.
5. Share with someone you love.

