



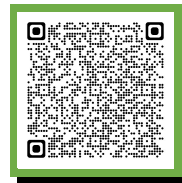
GIG
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WALES

Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

Cadeirydd/Chair: **Jan Williams**
Prif Weithredwr/Chief Executive: **Abigail Harris**

Gwasanaeth Nyrsio Ysgol a Plant sy'n Derbynn Gofal

Cod QR Gwefan Nyrsio Ysgol a Plant sy'n Derbynn Gofal



Annwyl Rhiant / Gwarcheidwad,

Mae'r Gwasanaeth Nyrsio Ysgolion yn ymwybodol bod eich plentyn wedi dechrau yn nosbarth derbyn yn yr ysgol hon yn ddiweddar a hoffem gyflwyno ein hunain i chi.

Nod y Gwasanaeth Nyrsio Ysgolion yw hybu iechyd y boblogaeth oedran ysgol a sicrhau bod cymorth, cyngor a chefnogaeth ar gael i blant, rhieni, gwarcheidwaid a gofalwyr.

Pan fyddant yn dechrau yn dosbarth derbyn, caiff gofal eich plentyn ei drosglwyddo o'r Ymwelydd Iechyd i'r Nyrs Ysgol. Mae gan bob ysgol fynediad i Nyrs Ysgol. Nod Nyrs yr Ysgol yw hysbysu, addysgu a chefnogi plant a phobl ifanc i wneud dewisiadau ffordd iach o fyw i'w galluogi i ddod yn oedolion iach.

Mae gwefan Y Gwasanaeth Nyrsio Ysgol (Gwelir y cod QR) a'r pecyn croeso ar gael i chi ar wefan ysgol eich plentyn ac fe'u darperir y gwybodaeth cyswllt isod.

Bydd y tîm Nyrsio Ysgol yn mynychu ysgol eich plentyn yn ystod y flwyddyn academaidd hon i gynnal sgrinio rheolaidd ar gyfer taldra, pwysau a golwg plant dosbarth derbyn.

Os nad ydych yn dymuno i'ch plentyn gael eu taldra, pwysau a'u golwg wedi eu sgrinio gennym, cysylltwch gyda'r Gwasanaeth Nyrsio Ysgol gweler y manylion cyswllt isod.

Os mai dyma'r achos, mae'n bwysig iawn eich bod yn trefnu i'ch plentyn gael prawf golwg gydag Optometrydd (Optegydd) lleol, mae hwn yn wasanaeth am ddim i blant a chynghorir y dylai pob plentyn gael gwiriadau llygad rheolaidd gydag Optometrydd.

Hoffai'r Rhaglen Mesur Plant sy'n cael ei redeg gan Iechyd Cyhoeddus Cymru ddefnyddio'r mesuriadau Uchder a Phwysau i helpu i roi darlun o dwf plant yng Nghymru. Mae'r wybodaeth a ddefnyddir gan y Rhaglen Mesur Plant yn gwbl anghysbys. Mae rhagor o wybodaeth ar gael yn <https://phw.nhs.wales/services-and-teams/child-measurement-programme/>

Mae rhai Rhieni/Gwarcheidwyr yn dymuno i'w plentyn gael eu mesur ond ddim eisiau i'r wybodaeth hon gael ei rhannu gyda'r Rhaglen Genedlaethol Mesur Plant; os mai dyma'r achos, cysylltwch â'r Gwasanaeth Nyrsio Ysgol cyn gynted â phosibl gan ddefnyddio'r manylion isod.

Yr eiddoch yn gywir

Gwasanaeth Nyrsio Ysgol

Gwasanaeth Nyrsio Ysgol: 01639 862801 (9yb – 5yp)

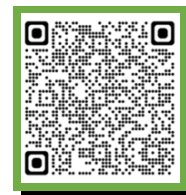
E-bost: SBU.SchoolNursing@wales.nhs.uk

School Nursing and Looked After Children Service

Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR
Bwrdd Iechyd Prifysgol Bae Abertawe yw enw gweithredu Bwrdd Iechyd Lleol Prifysgol Bae Abertawe

Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR
Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board

QR code for School Nursing Website Looked After Children Website



Dear Parent / Guardian,

The School Nursing Service is aware that your child has recently started in reception class at this school and we would like to introduce ourselves to you.

The School Nursing Service aims to promote the health of the school-aged population and ensures help, advice and support is available to children, parents, guardians and carers.

When they enter reception class, the care of your child is transferred from the Health Visitor to the School Nurse. All schools have access to a named School Nurse. The School Nurse aims to inform, educate and support children and young people to make healthy lifestyle choices to enable them to become healthy adults.

The School Nursing Service website (via QR code), welcome pack and contact details are available for you on your child's school website and are also provided below.

The School Nursing team will be attending your child's school during this academic year to carry out routine height, weight and vision screening for reception class children.

If you do not wish your child to have their height, weight and vision screened by the School Nursing Team please contact the School Nursing Service as soon as possible using the details below.

If this is the case, it is very important that you arrange for your child to have a vision test with a local Optometrist (Optician) this is a free service for children, and it is advised that all children should receive regular eye checks with an Optometrist.

The Child Measurement Programme run by Public Health Wales would like to use the Height and Weight measurements to help give a picture of child growth in Wales. The information used by the Child Measurement Programme is completely anonymous. More information is available at <https://phw.nhs.wales/services-and-teams/child-measurement-programme/>

Some Parents/Guardians would like their child to be measured but not have this information shared with National surveillance Child Measurement Programme, if this is the case, please contact the School Nursing Service as soon as possible using the details below.

We look forward to supporting
Yours Sincerely

School Nursing Service

School Nursing Service: 01639 862801
E-mail: SBU.SchoolNursing@wales.nhs.uk