



Pupils Anti-bullying policy

Updated Feb 2025

As a Rights Respecting School, we promote the values and principles of the UNCRC. This policy promotes and enables children to access Article 19: "We have the right to be safe".

This policy was written in conjunction with the healthy schools committee, Rights Respecting Owls, School council and shared and promoted with all pupils.

What are the aims of this policy?

- For everyone to know what is meant by bullying.
- To prevent bullying happening in our school.
- To deal with bullying as quickly as possible, if it happens.

- To stop and tell instead of reacting to the bully

What is bullying?



For something to be bullying it has to have happened Several Times On Purpose. Bullying is intentional (not an accident) and repetitive. A bully hurts someone on purpose over and over again; it isn't an incident that happens only once. Bullying can be by one person or a group of people

What does a bully do?

Bullies may do **some** or **all** of these things:

Physical Bullying 	• Hitting • Smacking • Kicking • Punching • Or any physical contact that is harmful
Verbal Bullying 	• Name calling • Threats • Offensive remarks • Insulting someone because of their religion, skin colour or back ground
Indirect Bullying 	• Spreading nasty stories about someone • Gossiping and leaving someone out from social groups • Stopping someone from having a happy time at school

Cyber Bullying 	• Sending nasty e-mails • Sending nasty texts • Making nasty phone calls
Sexual Bullying 	• Unwanted physical contact/inappropriate touching • Sexual name calling

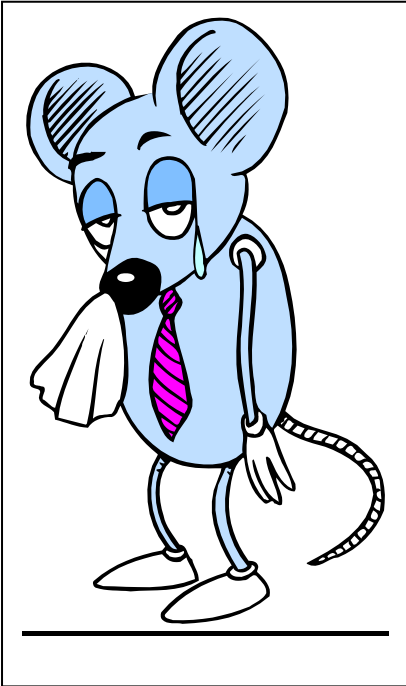
7 COMMON TYPES OF PREJUDICE

 RACE	 AGE
 GENDER	 CLASS
 RELIGION	 SEXUALITY
 NATIONALITY	

- Unfair and unreasonable opinion or feeling towards others because of their beliefs
- A dislike of someone because of who they are or what they look like

**SHOW
RACISM
THE
RED
CARD**

How do people who are being bullied behave?



*they are sad.

*they don't want to come to school.

*they pretend they are ill.

*they don't want to go out to play.

*they don't want to walk home from school with other children.

*they may not want to eat their snack or their dinner.

*they hurt inside.

*they are angry and frustrated.

*they are worried and afraid.

*they are lonely.

*they over thinking things and worry

How are we going to make sure that bullying never happens in our school?

We will learn about being good citizens/person in assembly, in health and wellbeing lessons, lessons with the School Liaison Police Officer, drama, Philosophy for children, 'Anti Bullying' week, Restorative Practice, Rights Respecting School, through extra curriculum clubs i.e. school council, Healthy schools club and through our topics and so on.

Teachers will keep a record of all incidents of bullying. The head teacher will tell the bully's parents/carers and the victim's parents/carers.

We will hold Restorative Practice conferences with the bully, the victim and their families.

We have an anti-bullying display board where we display advice for people being bullied, our anti-bullying policy and our anti-bullying messages.



Useful websites

Anti-bullying Alliance (ABA) - www.anti-bullying.org

Brings together more than 65 organisations with the aim of reducing bullying and creating safer environments in which children and young people can live, grow, play and learn.

Beatbullying - www.beatbullying.org.uk - Beatbullying is the leading bullying prevention charity in the UK and provides anti-bullying resources, information, advice and support for young people, parents and professionals affected by bullying.

Childline- <https://www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/bullying-cyberbullying/> Call us free on [0800 1111](tel:08001111)