

Anxious?

**Are you an apprentice
juggling work and your
mental health?**

Depressed?

Stressed?

**You're not alone.
We can help.**

There is no charge for this service.



**The Access to Work Mental Health
Support Service for Apprentices**

0300 456 8210

www.remploy.co.uk/mentalhealthforapprentices

The Access to Work Mental Health Support Service for Apprentices, delivered by Remploy, is funded by the Department for Work and Pensions.

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with **MAXIMUS**

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