

Sheri: we are the healthy schools committee and we have created worry boxes for each class.

Khuncha: this assembly is to tell you what the worry boxes are made for

Olivia: I was lucky enough to have won the vote and my worry monster was chosen for each box.

Eva: worry boxes are a place for you to park your worries.

Lily: if you have a worry, write it down or draw a picture and pop it in the box.

Aimee: you can make your worry anonymous

Matthew: this means you don't need to write your name on your worry.

Alexia: it might help you feel happier.

Sam: putting a worry in the box will feel like a weight has been lifted off you.

Sofia: remember a problem shared is a problem halved.

Blaise: I am now going to share with you our school worry box poem

Worries are like visitors that sometimes
come your way.

Draw or write about what's bothering you
and then tuck those worries away.

Inside this box, your worry visitors can
rest and stay.

Take a few deep breaths saying goodbye
for now and move forward to create a great
day.

Khuncha: remember Roger the Rights
Respecting Owl who says Article 12 you
have the right to be heard and listened to.

Grace: thank you for listening we are your
health and well-being pupil voice team!